

Polio Survivors Network

Please see reverse for terms of membership and subscription rates

We/I would like to become:
A Life Member* [£.....]
A Full Member** [£.....]
An Associate Member [£.....]
A Friend/Supporter [£.....]
Make a donation [£.....]
Total [£.....]

If you want to pay by Standing Order please contact us/see Website for a form.

Please make cheques payable to:-

Polio Survivors Network

Name:- [.....]
I am a Polio Survivor from Year.

Associate Member please state occupation.

Occupation [.....]

Signed:- [.....]

Date:- [.....]

Address:- [.....]

[.....]

[.....]

[.....] Post Code:- [.....]

Tel:- [.....]

Mobile:- [.....]

Email:- [.....]

[.....]

Please Return to:- Polio Survivors Network,

P.O. Box 954, Lincoln, LN5 5ER

Campaigning messages

Better understanding by health and social care professionals of post polio syndrome and how it affects individual's, their partners and families.

Appropriate assessment of respiratory and swallowing problems.

Appropriate assessment of physical abilities.

Better listening to Polio Survivors experiences of the symptoms of post polio syndrome.

Better focus on the needs of people with rare conditions by health and social care professionals and researchers. Post Polio Syndrome is classed as a rare condition.

Better orthotics and wheelchair services.

Full implementation of the National Service Framework for Long Term Neurological Conditions, published in March 2005.

This Framework sets our eleven Quality Requirements for the standard of care for everyone with a neurological conditions living in England between the ages of 18 - 64. Current implementation is, at best, patchy.

Polio Survivors Network is a member of the Neurological Alliance leading the national campaign for full implementation:
www.neural.org.uk

Polio Survivors are still here

Please take our

Campaigning Messages Seriously

Polio Survivors Network

what we have what we are what we do

www.poliosurvivorsnetwork.org.uk

Containing information about

Post Polio Syndrome,

causes and treatments and

the life experiences of Polio Survivors

Our Newsletters - Post Polio Matters

and the



Lincolnshire Post-Polio Library

Polio Survivors Network

P.O. Box 954,

Lincoln, LN5 5ER, U.K.

Tel:- 01522 888601

Email:-

info@poliosurvivorsnetwork.org.uk

Polio Survivors Network is the registered working name of the Lincolnshire Post-Polio Network.

Registered Charity No. 1064177

Polio Survivors Network

what we have what we are what we do

Polio Survivors Network is a support network for Polio Survivors experiencing and coping with the effects of Post Polio Syndrome. [PPS]

Polio is now almost forgotten due to an effective vaccine that was developed in the Nineteen Fifties. Until then an average summer polio outbreak would result in 5000 - 7000 cases. After the vaccine people sighed with relief and got on with their lives.

Many polio survivors recovered to varying degrees and got on with their lives. Many, believing Polio was part of their past, were determined to live a normal life, have careers and families. Polio Survivors who struggled to overcome initial problems caused by the polio virus are now being hit by post-polio syndrome, which can occur after a stable period of 10 to 50+ years following best recovery.

Post Polio Syndrome describes the deterioration of muscles and nerves that have struggled to cope through a life time of strain to overcome and compensate for the debilitating effects of Polio.

Many of our members are approaching their older years and some have had to retire early due to Post Polio Syndrome.

The Polio Survivors Network has no paid workers and is run for and by Polio Survivors, their families and friends and people with other disabilities. All money raised is used to support our work.

Aims

To represent the concerns of the members of the Polio Survivors Network and their families

To promote understanding of the experiences of those living with the long term effects of polio and post polio syndrome among health and social care professionals, service providers and the general public. See PatientPlus article on PPS.

www.patient.co.uk/doctor/Post-Polio-Syndrome.htm

To encourage health and social care service providers to include polio survivors and families in the consultation and planning of local services.

To promote the provision of good quality and appropriate respite care and rehabilitation for polio survivors.

To promote the provision of good quality information that enables and empowers Polio Survivors and their families to make decisions about their daily lives.

To promote better research of, treatments, therapies and quality of life issues that concern Polio Survivors and their families.

By

Consulting the members of the Polio Survivors Network to identify their concerns

Raising awareness of Post Polio Syndrome

Encouraging working relationships between our members and health and social care services at national and local levels

Educating and informing

Networking with others who share similar concerns

Membership

Full membership includes voting rights and is available to polio survivors, their partners, families and friends

Associate membership is available to patient organisations, health and social care professionals working in the interests of polio survivors

Membership Fees

| | |
|-----------------------|------------------|
| Individual | £ 12.50 per year |
| Life membership | £ 150.00 or |
| pay by Standing Order | £ 5.00 x 30 mo. |
| Associate Membership | £ 10.00 per year |

We welcome members living in other countries and details will be sent upon request. Please note the majority of information will be sent via the Internet.

Friend/Supporter of Polio Survivors

If you would like to support the Polio Survivors Network you can do so by making a yearly donation of your choice. You will receive a yearly update of our activities and be invited to our AGM.

Further details over-leaf

Website:-

www.poliosurvivorsnetwork.org.uk

Email:-

info@poliosurvivorsnetwork.org.uk

Helpline:-

01522 888601